



## Detecting and managing anxiety in cancer patients: when is fear of disease progression ‘treatable’?

### Professor David Horne

Pan-Birmingham Cancer Network, School of Psychology, University of Birmingham, UK.

This talk briefly explores the existential anxiety and psychological consequences of having a severe and life threatening illness – cancer. The usefulness of contemporary psychological understanding of the nature of coping, using the Folkman and Lazarus model of coping as an example, demonstrates that although there are no definitive answers to patients questions, improved coping skills can be identified and enhanced through certain cognitive-behavioural interventions. Some work with Bone Marrow Transplant patients is used to illustrate these principles.



### DEPARTMENT OF PSYCHIATRY MONDAY COLLOQUIUM

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**Lunch: 1215-1230    Presentation: 1230-1330**